

**Associate of Religious/Metaphysical Arts  
 – A Two-Year Course of Study –  
 Total Credits Required For Graduation - 60**

**Required Courses**

<u>COURSE NUMBER AND TITLE</u>	<u>CREDIT HRS</u>
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**Inner Awareness Studies**

ID-100	Releasing Fear Through Love .....	1.5
ID-101	Listening To Your Inner Guide .....	1.0
ID-102	Meditation Through Spiritual Awareness .....	1.0
ID-103	Releasing Guilt Through Forgiveness .....	1.5
ID-104	A Practical Approach To Building Self-Worth .....	1.5
ID-105	The Principles of Creative Responsibility .....	1.5
ID-107	The Alchemy of Balance .....	2.0
ID-108	Self Worth And Spirituality In The New Age .....	3.5
CT-106	Expanding Your Mind Power Through Mental Exercise .....	1.5
ME-106	Creating a Metaphysical Mind Set.....	1.5
		16.5

**Metaphysical and Prosperity Studies**

ME-100	Metaphysics In Our Daily Lives .....	3.5
ME-102	Metaphysical and Spiritual Approach To Business Success.....	2.0
ME-105	Which Way Shall I Go.....	1.0
ME-110	The New Age Entrepreneur .....	3.0
		9.5

**Metaphysical Theology Studies**

MT-100	Spiritual Guidelines for The Metaphysical Teacher .....	0.5
TH-100	The Metaphysical Ethics.....	2.0
TH-101	Metaphysics for The New Millennium .....	2.0
TH-106	A Historical and Theological Perspective On The New Age .....	3.0
TH-111	Introduction to Inner Spirituality .....	3.0
TH-113	Fundamentals of Inner Spirituality .....	3.0
		13.5

**COURSE NUMBER AND TITLE**

**CREDIT HRS**

**Mind and Energy Studies**

CT-100	A Practical Approach to Expanding the Mind .....	5.0
CT-102	Journaling for Spiritual and Physical Health .....	2.0
PP-101	Introduction to the Mind over Matter .....	5.5
IA-104	Manifestation through Creative Visualization .....	3.0
MS-100	Introduction to Mysticism .....	1.5
		<hr/> 17.0

**Elective Studies**

Any Combination of CMS Courses Totaling 3.5 Credit Hours .....	3.5
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