



Schedule of events and classes.
Please see our website for most recent
schedule and detailed information. Classes
and events subject to change without notice.

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August 2007

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|---|--|---|---|--|--|
| | | | 1 | 2 | 3 | 4 |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| - A Practical Approach to Chakras & Energies (IA-102 HA) 5-7 (1 of 9) | - Tai Chi 10am-11am - Lunch Meditation /w Connie Williams 12:15-1:00 - Intro to Mysticism (MY-100 MA) 5-7 (#1 of 4) | - Reiki Share 5-7pm | - Tai Chi 10am-11am - Lunch Meditation /w Connie Williams 12:15-1:00 - Intro to Mysticism (MY-100 MA) 5-7 (#2 of 4) | - Yoga 5:30-6:15 - Perfect Health /w Joe Zolnoski 7-9 (1 of 5) | - Metaphysical Energy Clinic 9am-1 - Messages from the Other Side 7-9 | - Belly Dancing 8:45-9:45 - Church Services 10-11 - Energy Healing 12-5 - Community Acupuncture 2pm-4pm - Dreams the Secret Language of Sleep (IA-103 HA) noon-2pm (1 of 4) |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| - A Practical Approach to Chakras & Energies (IA-102 HA) 5-7 (2 of 9) | - Extratransory Self-Defense (PP-111) 5-6 (#1 of 3) - Reiki Share 6-7pm | - Extratransory Self-Defense (PP-111) 5-6 (#1 of 3) - Reiki Share 6-7pm | - Tai Chi 10am-11am - Lunch Meditation /w Connie Williams 12:15-1:00 - Intro to Mysticism (MY-100 MA) 5-7 (#2 of 4) | - Yoga 5:30-6:15 - Perfect Health /w Joe Zolnoski 7-9 (2 of 5) | - Messages from the Other Side 7-9 | - Belly Dancing 8:45-9:45 - Church Services 10-11 - Henna Class 1-5 - Pensacola Paranormal Society 6pm-7:30 - Dreams the Secret Language of Sleep (IA-103 HA) noon-2pm (2 of 4) |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| - A Practical Approach to Chakras & Energies (IA-102 HA) 5-7 (3 of 9) | - Extratransory Self-Defense (PP-111) 5-6 (#2 of 3) - Reiki Share 6-7pm | - Extratransory Self-Defense (PP-111) 5-6 (#2 of 3) - Reiki Share 6-7pm | - Tai Chi 10am-11am - Lunch Meditation /w Connie Williams 12:15-1:00 - Intro to Mysticism (MY-100 MA) 5-7 (#3 of 4) | - Yoga 5:30-6:15 - Perfect Health /w Joe Zolnoski 7-9 (3 of 5) | - Beginning Meditation 7-9 | - Belly Dancing 8:45-9:45 - Church Services 10-11 - Introduction to Spirit & Spirit Communication (SS-100) 12-4 - Dreams the Secret Language of Sleep (IA-103 HA) noon-2pm (3 of 4) |
| 26 | 27 | 28 | 29 | 30 | 31 | Sep 1 |
| - A Practical Approach to Chakras & Energies (IA-102 HA) 5-7 (4 of 9) | - Extratransory Self-Defense (PP-111) 5-6 (#3 of 3) - Reiki Share 6-7pm | - Extratransory Self-Defense (PP-111) 5-6 (#3 of 3) - Reiki Share 6-7pm | - Tai Chi 10am-11am - Lunch Meditation /w Connie Williams 12:15-1:00 - Intro to Mysticism (MY-100 MA) 5-7 (#4 of 4) | - Yoga 5:30-6:15 - Perfect Health /w Joe Zolnoski 7-9 (4 of 5) | - Advanced Meditation 7-9 | - Belly Dancing 8:45-9:45 - Church Services 10-11 - Dreams the Secret Language of Sleep (IA-103 HA) noon-2pm (4 of 4) - Pineneedle 2pm-5pm |